



NFLL TRAILERS Spring 2023 Hikes

(Hikes & meeting places may change. Updates will be emailed each week)

- Trailers hikes are intended to be easy, with occasional moderate sections for short distances. Hikes will usually be between 2.5 and 4 miles long, with elevation changes of less than 400 feet. The objective is a fun recreational hike enjoyable to most hikers in reasonable condition.
 - All hikers must be registered for the class and sign a Maricopa Community Colleges Risk Form before participating. If you sign the new form in Fall 2021, you are good to go.
 - Although every precaution will be taken to assure safety, participants must recognize that hiking can be a dangerous activity. Hikers should be in reasonable physical condition and know their limitations.
 - Hikers will get more information during the week preceding each hike. The schedule may change, so please check for the latest information.
 - **We try to accommodate the wishes of the Trailers (i.e. keeping most of the hikes in the Valley, keeping the length and elevation within reasonable limits)**
- Jan 10** **Balanced Rock, Scottsdale McDowell Sonoran Desert Preserve:** 4.5 miles, 280 feet elevation gain
Leader: Greg
- Jan 17** **Blevins Loop, Utery Regional Park:** 3.0 miles, 98 feet elevation gain, Leader:
- Jan 24** **Registration – No Hike**
- Jan 31** **Bulldog Canyon, Tonto National Forest:** 4 miles, 200 feet elevation gain, Leader:
- Feb 7** **South Terrace Trail, Rio Salado Habitat, Phoenix:** 3.2 miles, no elevation gain. Interesting urban riparian restoration area. Leader:
- Feb 14** **Desert Botanical Garden, Phoenix:** 2.2 miles, 100 feet elevation gain. Free admission on second Tuesday of month. Leader:
- Feb 21** **Ridgeline Trail, Adero Canyon, Fountain Hills:** 3.7 miles, 675 feet elevation change. Leader:
- Feb 28** **Jewel of the Creek Loop, Spur Cross Regional Park:** 1.8 miles, 108 feet elevation gain, Leader:
- Mar 7** **Phoenix Mountain Road, Las Lomitas, Mahatmak Loop, South Mountain:** 4.4 miles, 423 feet elevation gain. Trailhead on north side of South Mountain. Leader:
- Mar 14** **L V Yates Trail Loop, Phoenix Mountain Preserve:** 2.9 miles, 282 feet elevation gain. Leader:
- Mar 21** **Desert Classic via Telegraph Pass, South Mountain:** 3.1 miles, 200 feet elevation gain. Ahwatukee foothills. Leader:
- Mar 28** **Apache Wash Loop, Phoenix:** 2.8 miles, 134 feet elevation gain. East of I-17 and South of Dove Valley Road. Leader:
- Apr 4** **Fountain Hills Overlook Loop, Fountain Hills:** 4 miles, 200 feet elevation gain. Scenic hike around the lake. Leader:
- Apr 11** **Circumference and Basalt Trails, Deem Hills Recreation Area:** 4 miles, 353 feet elevation gain. West of I-17. Leader:
- Apr 18** **Quartz Loop Trail, Cave Creek Regional Park:** 3.5 miles, 406 feet elevation gain, Leader:
- Apr 25** **Desert Classic MTB Loop, South Mountain:** 3.6 miles, 219 feet elevation change. Ahwatukee foothills. Leader:

For additional information contact the facilitator, Greg Master, at gamst51@gmail.com or Marie-France Ganansia, at mariefranceganansia@gmail.com

Meeting Place's for Carpooling

Dobson and Southern Campus (Main MCC Campus)

The Southwest corner of the Southwest Parking Lot (Dobson Rd. & U.S. 60).

Red Mountain Campus

The Red Mountain Campus is located at Power Rd. & McKellips. Meet in Parking lot # 3 across the street from the main campus buildings.

Gilbert and McKellips

Southeast corner by Starbucks.

Superstitions Springs Mall

Power Rd & US 60. Meet in the southeast corner of the Superstitions Springs Mall parking lot inside the outer circumference drive across from the late "TOYS 'R US".

Country Club and Brown (1025 N. Country Club)

The Mesa Schools Student Services Center is located on East Side of Country Club just south of Brown Rd. Meet at the south end of the parking lot at the corner of 9th Place and Country Club.

Due to the limited parking spaces at many Trailheads, carpooling is preferred. (Donations to help pay for gas are suggested.)

All hikers: bring water, sturdy shoes, and an ID. Strongly suggested: hat, hiking boots or shoes, walking stick, snack, and sunscreen.

Disclaimer: Hiking is a personal choice and involves personal responsibility. Prepare for the hike, dress for current and unexpected weather changes, and bring plenty of water. Hiking and associated trail activities are dangerous and can result in injury and/or death. Hiking exposes you to risks. Risks can be reduced by preparation and training, but risks cannot be eliminated